	Date:		<u> </u>			
Notes	Mood & why	3				
		Doodle	Time!			
Hours of Sleep: _		·				
Priority:						
		S	chedule			
Daily Plans			6-7 AM			
•			7-8 AM			
			8-9 AM	•	•	
			9-10 AM			
•			10-11 AM			
•			11-12 AM		•	
•			12-1 PM			
			L-2 PM			
			2-3 PM .	•	•	
•		_	3-4 PM			
•		_	6-7 PM			

7-8 PM

8-9 PM